

Yoga

April – August 2017

Please email me with your name and the times and days of classes you are attending once you have made a BACS payment to the bank details below. **Please note all places are on a first come, first served basis – thank you.**

Please remember if you are unwell or on holiday etc. you are very welcome to come to a different class whenever you need to. :)

sophiemills77@hotmail.com

Bank Details **Sophie Mills**, Barclays Bank **Sort Code** 201275 **Account Number** 70988359

Mondays

Hatha	9am – 10am	8/5/17 – 21/8/17	£96
Ashtanga	10am – 11am	8/5/17 – 17/7/17	£80
Ashtanga	7.00pm – 8.00pm	8/5/17 – 21/8/17	£96
Hatha	8pm – 9pm	8/5/17 – 21/8/17	£96

Tuesdays

Mysore	9am – 10.30am	25/4/17 – 18/7/17	
Hatha	7.30pm – 8.30pm	25/4/17 – 18/7/17	£96

Wednesdays

Hatha	9am – 10am	26/4/17 – 23/8/17	£112
Ashtanga	10am – 11am	26/4/17 – 12/7/17	£88
Hatha	11.30 – 12.30am	26/4/17 – 12/7/17	£88
Hatha	7.00pm – 8.00pm	26/4/17 – 23/8/17	£104
Ashtanga	8pm – 9pm	26/4/17 – 23/8/17	£104

Thursdays

Mysore	9am – 10.30am	27/4/17 – 20/7/17	
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Fridays

Mysore	7.30am – 9am	28/4/17 – 14/7/17	£100
Mysore	9am – 10.30am	28/4/17 – 14/7/17	£100
Hatha	1pm – 2pm	28/4/17 – 14/7/17	£80

Holiday (no classes): 19th July – 2nd August inclusive

No yoga: 9th May, 10th May, 19th May, 29th May, 31st May, 2nd June